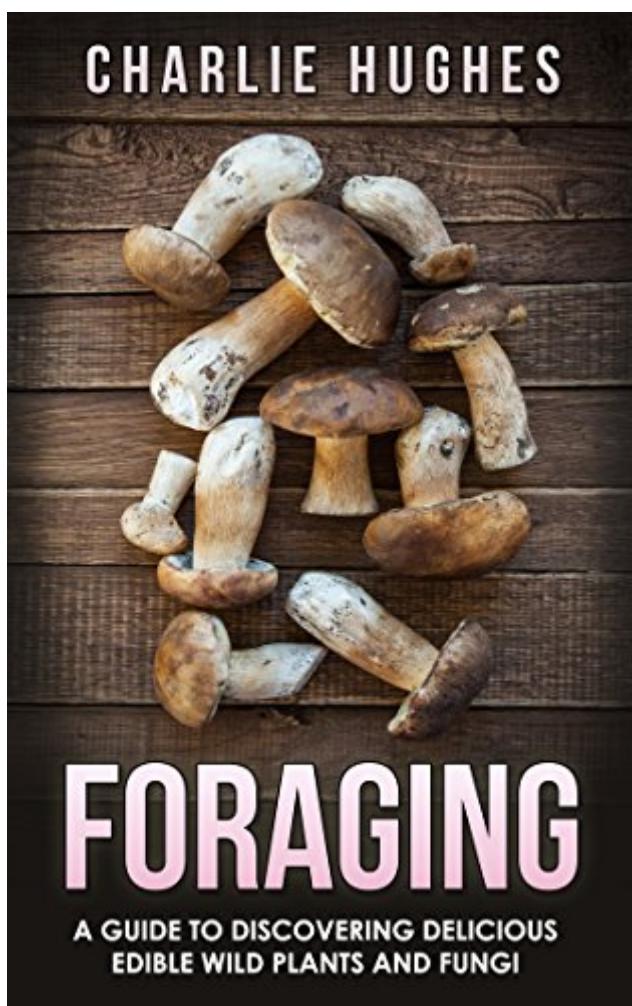


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# Foraging: A Guide To Discovering Delicious Edible Wild Plants And Fungi (Foraging, Wild Edible Plants, Edible Fungi, Herbs, Book 1)



## Synopsis

.Foraging, A Guide to Discovering Delicious Edible Wild Plants and FungiCut your grocery bill and improve your health by finding free nutritious food available all around usForaging your own food can be a rewarding experience. Humans are by nature hunter gatherers but modern life has made us lose these skills. With this guide you can rediscover how to connect with mother nature and provide yourself with the knowledge to provide for yourself, and your family, with free nutritious food.If you have never foraged before but would love to try then this guide is for you. This book has been written specifically for the beginner to foraging. We have included pictures to make it easier to identify what nature can safely provide for us to eat.This book is FREE for Kindle Unlimited UsersNo matter where you live, whether you are surrounded by miles of countryside or deep in the heart of a bustling city, once you know what to look for you will find a treasure trove of delicious, nutritious and free food just waiting to be foragedSo if you want to know more about the art of foraging and how it can help you find delicious, nutritious, and free food then download your copy today and get started.Here's A Preview Of What You'll Find In This Guide...How to Identify Wild Edible PlantsHow to Identify Wild Edible FungiEssential Information To Get You StartedWhere to Find Plants and FungiWhen is the Best Time to ForagePictures to Help with ForagingUses for Foraged FoodStoring Your Foraged FoodAnd Much More!Download your copy today to receive all of this information!Tags: Forage, Herb Garden, Wild Herbs, Wild Flowers, Wild Mushrooms, Edible Plants, Parsley, Basil, Cooking, Gardening Books, Growing Herbs for Dummies, Mint, Tarragon, Cilantro, Vegetable Patch, Vegan, Vegetarian, Free Food, Nutritious Food, Frugality, Wild Berries, Foraging Books, Edible Fungi

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## **Customer Reviews**

This book just arrived today and as of page 10 I feel like I'm having a stroke reading it. That may sound like an exaggeration but with all the errors in the writing I literally stop and check that I'm reading it correctly. Every other sentence is poorly thought out. Some make no sense until you read it three times in an attempt to interpret what is trying to be said. There are typos all over which makes reading this book somewhat unpleasant. In 2016 I was hoping that an educational book would at least have pictures in color especially after reading the disclaimers in the book about misidentifying forage that could be potentially fatal. Im by no means an expert when it comes to grammar and rhetoric but if I can spot the errors that means it pretty obvious. As mentioned by another review there are no scientific names to go along with the common names and since those can drastically change with the region I don't feel this book is worth buying as an education book but rather as a book to pass the time. I however will be returning it. At \$7.99 I think I overpaid for this book. This book is better meant for the dollar store shelf...on discount.

Enjoyable reading, BUT- without the scientific names in Latin it is just an interesting tale (please, note that not every reader will be a native English, and even English people cannot identify the plant if you don't use some synonym names)- synonyms in other languages would also be helpful for foreign readers (together with the scientific names, of course!)- the presented set of edible plants that can be safely collected in nature is far not complete- the real presentation of similar but dangerous species is quite missing and simplified- the range of usage tips are rather narrow

This book only helps you identify certain wild plants and fungi. Maybe because I'm using a Kindle to read, the pictures are not that helpful.I was expecting more information as to how to cook/prepare but very little direction was given. Some of the descriptions recommended that only certain parts of wild plants are desirable to eat and it would mention leaves, seeds, etc..But not how and where to

use them, such as "for tea." Not bad for a quick guide, but don't look for how tos.

Not enough information in the book

Good read.

Get back to nature. Here's a great book that provides all the information you'll need to know about foraging. That's right— foraging, like the hunters and gatherers of old. I was amazed at what edible things you can find right in a nearby forest or field. The book shows you how to identify what's safe to eat, and what isn't. Do it for fun, do it to save money, do it for the experience, or just as a family activity, not only can you find free nutritious food, you can learn a lot about the nature around you and experience the food gathering techniques of ancestral peoples.

I liked that I could see plants here that would simply register in my mind as weeds. This book pointed out some plants I could find in my own backyard to eat from. I was hoping that there would have been a bigger variety , as well as more photos, but overall I learned more than I did before.

Easy to carry with on device, good pics and descriptions, nice variety of plants that one can consume!! Worth getting!!!

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